

## ZAMORA NEWS



THE OFFICIAL PUBLICATION OF ZAMORA SHRINERS

**VOL. 74 - NO. 4** 

BIRMINGHAM, ALABAMA

April, 2016

## In This Month's Issue, Meet the 2015-2016 **National Patient Ambassadors**



Details inside.

## From the Potentate...



Some of the Zamora crew took a little trip over to Greenville to visit the Hospital and enjoy the festivities for Shriners Day. Zamora was able to present a \$10,000 check to the Hospital. I would like to thank Winston Each, the Nobles and their ladies who worked the Lineville Car Show, and most importantly the Car Show promoters for the donation. It takes a lot of hard work and dedication to accomplish the goals that have set for themselves and we thank them.

I would like to thank Captain of the Guard, has everyone who helped with the Kids Easter Party. This is one of several events we put on for our Hospital Kids and their siblings. These events are so important to these kids and it warms my heart to see so many Nobles and their ladies work so hard to make sure the kids have a

We also just completed our first Country Cash of this year. Al Wortham, Assistant Rabban and Jerry Wayne Thomas, High Priest and Prophet, did a fantastic job making sure this was a party to remember. This event is a very important fund raiser for Zamora and thanks to everyone who jumped in and made it such a great success. It is these fantastic volunteers who give so much of their time that makes Zamora Great.

Everyone please rememthe upcoming Membership Kick off and Paper Sale Event on April 21, 2016. Tim Vaughan,

spent a lot of time planning this event. This is an event where we jump start our fund raising efforts for our Hospital Transportation Fund for the upcoming year and it is also combined with our Membership committee lead by Chris Smith, his assistant Noble Welborn and team of about nine volunteers. This fine group of men work tirelessly trying to recruit new members and finding creative ways to retain current members. Membership is so important to the Zamora's future

But now it's time we had some fun and fellowship. In fact it's time to start getting prepared for the Dixie Shrine Convention in Panama City Beach, Fl. on May 19 - 21. If you haven't ever been to a Shrine convention or it has been awhile come join us. I hope to see everyone in P.C., because we are going to have a great "Shrine" time.

#### **IMPORTANT NOTICE**

As of August 31, 2012, the deadline is the 5th day of each month for all submitted materials for publication in the next edition of the Zamora News.

> Sorry, NO EXCEPTIONS. Thank You

Our procedure for submitting articles and notices for the Zamora News has changed. Please submit all items to be published to the Zamora Shrine office.

Visit Zamora online at:

#### www.zamorashriners.com

email thoughts to ideas@zamorashriners.com

Want To Keep Up With What's Going On Around YOUR Temple? Events, News, Fundraisers, and so much more!

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**Look For Zamora Shriners** 

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#### ZAMORA NEWS

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### SHRINE CLUB MEETINGS

**DIXIE SHRINE CLUB** - 3rd Wednesday EAST ALABAMA SHRINE CLUB - 4th Thursday WEST ALABAMA SHRINE CLUB - 3rd Thursday

COOSA VALLEY SHRINE CLUB - 3rd Monday N.W. ALABAMA SHRINE CLUB - 2nd Monday WALKER COUNTY SHRINE CLUB - 2nd Friday

GADSDEN SHRINE CLUB - 2nd & 4th Thursday



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2
3	4 Unit Meetings	5	6 Unit Director /Club President Meeting Unit Meetings Red Fez Assoc.		8 Unit Meetings	9
10	N.W. Alabama and West Alabama Shrine Club meet	12	13	14  Gadsden Shrine Club Meets	15 Z Lounge Fish Fry Walker County Shrine Club meets	
17	18  Coosa Valley Shrine Club meets		20 Dixie Shrine Club meets		22	23
24	25	26	27	28 East Alabama and Gadsden Shrine Club Meet	29	30

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2	3	4 Unit Director		6	7
	Unit Meetings		President Meeting Unit Meetings Red Fez Assoc.	Unit Meetings Motorized Assoc.	Unit Meetings	
8	9	10	11	12	13	14
	N.W. Alabama and West Alabama Shrine Club meet			Gadsden Shrine Club Meets		
15	16	17	18 Dixie Shrine Assoc. Convention	19	20	21
	Coosa Valley Shrine Club meets		Dixie Shrine Club meets	Dixie Shrine Assoc. Convention		Dixie Shrine Assoc. Convention
22	23	24	25	26	27	28
			Stated Meeting	East Alabama and Gadsden Shrine Club Meet		
29	30	31				
	Memorial Day					

## The Power of Language

The Importance of Positive Communication to Children with Disabilities



Our word choices have a tremendous impact on those around us. Children, especially, are deeply influenced by the language surrounding them - who they become is based on who they are learning to be. The staff of Shriners Hospitals for Children understands the importance of building confidence and self-esteem in our patients at an early age. Our staff recognizes that while working with children with disabilities, it is imperative to help them develop a strong, positive attitude so they will have the confidence to pursue their dreams. To accomplish this, being mindful of the effect language has on children is critical.

Two essential points in using communication as affirmation are accurate wording and people-first language. Always remember to use language that encourages, rather than discourages, the individual.

When referring to those with a disability, please remember to avoid labels with a negative connotation, such as:

- crippled
- handicapped
- lame
- deformed

#### The preferred word choice is usually:

- disability
- disabled
- the actual term involved, such as cerebral palsy or muscular dystrophy

### PEOPLE WITH DISABILITIES ARE PEOPLE FIRST

The second key element of communicating with people with disabilities in a positive way is the importance of using "people-first language," where the person is the important element, not the disability.

For example, try using phrases such as "a person with cerebral palsy" or "a person who uses a prosthetic arm," rather than defining them by the disability itself.

It is also important to recognize that people are individuals, and to avoid lumping those with disabilities together into one group, like "the disabled," "the spinal cord-injured," or to refer to "all people with X."

## Another important aspect of using people-first language is avoiding negative descriptive phrases and terms, such as:

- confined to a wheelchair
- wheelchair bound
- victim
- · stricken with
- suffering

Instead, try saying a person "uses a wheelchair," or "has cerebral palsy."

Also avoid value-laden words and phrases, whether negative or positive, because even seemingly positive labels such as "courageous" and "inspirational" can be burdensome to a child, setting unnecessary high expectations, especially when used repeatedly.

FOCUS ON ABILITY, NOT LIMITATION Using people-first language emphasizes abilities, rather than limitations.

#### For instance:

- Say: "Darlene is an excellent writer," rather than, "Despite her disability, Darlene is an excellent writer."
- Say, "Johnny is a child with a disability," instead of the defining, "Johnny is a disabled child."

Being mindful of preferred disability terminology and using people-first language whenever possible will help children with disabilities become more confident and more able to become happy, productive adults.



Alec and Peter Smith, M.D., share a proud moment together.

To watch a video featuring Alec in action at the NFL Draft event, please visit nflrush.com/story/draft-prospects-visit-shriners-hospital.

## Meet Alec, Future Sports Broadcasting Superstar

Alec Cabacungan of Oak Park, III., loves sports. Born with osteogenesis imperfecta (OI), a rare bone disease, Alec wants to be like any other 13-year-old boy. And he hits a 16-inch softball like a pro from his manual wheelchair.

The underlying cause of OI, also known as brittle bone disease, is a genetic disorder that causes a deficiency of collagen – or abnormal collagen – in the bones that prevents them from absorbing appropriate minerals and developing correctly. Many children with OI have difficulty walking.

Alec is a patient at Shriners Hospitals for Children — Chicago, where his care plan is overseen by Peter Smith, M.D., a recognized leader in OI treatment. Alec receives intravenous infusions of pamidronate, a medication that slows down the process of bone resorption and improves bone mass. Alec also routinely visits the Chicago Shriners Hospital for physical therapy.

"Shriners Hospitals for Children are experts in caring for kids like me who have this condition," said Alec. "They have changed my life forever." THE IMPORTANCE OF GOALS Shriners Hospitals for Children has helped Alec experience the world of sports just the way he has always wanted to, up close and personal.

Thanks to the health care system's focus on providing both hope and healing, and improving the quality of life of patients and families. Alec has developed a confidence that has opened up a world of opportunities. To nurture his love of sports, the hospital provided him with an adapted bicycle through its Special Bikes for Special Kids program. The bike has increased Alec's level of independence, and he has since added bicycle riding and wheelchair basketball to his list of favorite activities. Alec also aspires to be a sports broadcaster someday, and the hospital has helped encourage having faith in that dream.

PATIENTS MAKE MARK ON NFL DRAFT During the 2015 NFL Draft week, patients of the Chicago Shriners Hospital got the chance to experience first-hand the excitement of the draft and PLAY 60 Youth Football Festival activities during a prospect community visit. NFL Draft prospects and patients participated in an obstacle course, a football-themed adaptive art project and other activities. Alec even had the opportunity to conduct mock interviews with four of the visiting NFL Draft prospects for a video that was featured on the NFL website.

Alec has also appeared in national commercials for Shriners Hospitals for Children, representing the many patients whose lives have been improved by the health care system.

"Without everyone who is part of Shriners Hospitals for Children, I would not be able to dream as big as I do," said Alec. "I know anything is possible because the people at Shriners Hospitals remind me all the time that I can do whatever I set my mind to. The staff, volunteers and Shriners have given me the confidence that there is nothing I cannot accomplish. I live a full life because of Shriners Hospitals for Children."

The Cabacungan family is grateful that Shriners Hospitals for Children and the OI Foundation continue to pursue advances in the research and treatment of OI. The research efforts of Shriners Hospitals for Children are part of the reason our health care system is able to help patients have a full life. Our research has led to improved treatments for children with OI and many other conditions.

#### Clint Crain, 15, of Huffman, Texas

The Crain family was out on their boat enjoying the 4th of July weekend in 2014, when tragedy struck.

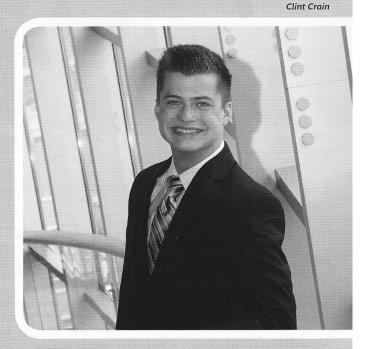
Clint's father, Kyle, was wake surfing while Clint, his mother, Julie, and brother, Clay, were on the boat. While standing on the back of the boat, Clint lost his balance and fell into the propeller.

Julie yelled to Clay to stop the boat. He put the boat in reverse to stop it, which they believe may have released Clint and allowed him to swim to the surface. Julie jumped into the water and held Clint while she waited for Kyle to come help her. When she looked at Clint's leg, she knew the situation was very serious.

Weather and the holiday weekend caused delays in getting Clint to the hospital. The family called for a helicopter to airlift them to the nearest town, but there were no flights due to bad weather. The local ambulance was not available, either, so Clint had to wait for an ambulance from a nearby town, and be transported to the hospital there.

Considering all the obstacles, Clint arrived at the hospital in record time. And, even though it was a big holiday weekend, a surgeon was on site and able to treat Clint, who was in critical condition and needed an above-the-knee amputation. After seven days in the hospital, including three in intensive care, Clint went to Shriners Hospitals for Children — Houston, where he received physical therapy weekly and was fitted with a prosthesis.

The Crain family believes that everything has worked out so well for Clint – possibly even miraculously – for a reason, and that perhaps Clint has a new purpose. They also believe they were lucky to have learned about the expert orthopaedic care available at Shriners Hospitals for Children from various people, including a



relative who is on a medical board, who recommended they send Clint to a Shriners Hospital. "We knew the right people at the right time," said Julie.

Before the accident, Clint was a very active teenager, involved in school athletics, Future Farmers of America and hunting. He hopes that with the help of Shriners Hospitals for Children, he will be able to again participate in some of his favorite activities, especially wake surfing, running and sports.

It has only been a year since the accident and Clint is doing remarkably well. He is a very positive and personable teenager, as well as a great speaker. He hopes to use these talents to give back to Shriners Hospitals for Children through the ambassadorship.

"It's the climb I'm taking to be who I was, and be even better than I was, because without them [Shriners Hospitals] I wouldn't be where I am, I wouldn't have the things I have, the confidence that I have," said Clint.

Clint and Katharine's stories are a testament to the ways Shriners Hospitals for Children works to bring expertise, compassion, hope and healing to children in need.

### **IMPORTANT NOTICE TO ALL ZAMORA SHRINERS**

You need to register on the International Shrine Website. Go to: webfez.shrinenet.org

On this website you will be able to make changes to your personal date. You will only be able to see your record and make changes to it. If your email address is missing, please add it. When you make a change, a notice is sent to the Recorder's office for him to verify the change. In the near future, the Unit Directors/Club Presidents will be able to view the members of his Unit/Club. Then he will be able to add members or delete members from the Unit/Club.

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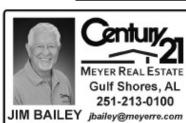
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## MEMBERSHII & PAPER SALE **KICKOFF**

at Zamora Shrine Center Thursday, April 21st Dinner At 6 p.m. Program at 7 p.m.

Z Lounge 6th Annual



April 15, 2015 6:00 P.M.

\$5.00 per person Please RSVP to Al @ 205-789-8867 or Tammy @ 205-533-2211 Hope to see you there!

If you know of a child Shriners Hospitals might be able to help, please call our toll-free patient referral line:

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## 2015-2016 National Patient Ambassadors

Every year, Shriners Hospitals for Children selects two national patient ambassadors to represent the patients cared for by the health care system. The ambassadors spend the year sharing their stories, and the story of the importance of Shriners Hospitals for Children.

The 2015-2016 national patient ambassadors are two children who have turned tragedy into triumph and overcome challenges with grace and confidence.

Here are their stories:



Katharine Koonce

#### Katharine Koonce, 11, of Huffman, Texas

Hurricane Ike was pressing down on the Gulf Coast in September 2008. The Koonce family found refuge at the restaurant in Houston where Katharine's father, James, worked.

Suddenly, while 4-anda-half-year-old Katharine slept, a fire broke out, quickly engulfing her room in smoke and flames. Without thinking twice, Katharine's father dove into the room and emerged with Katharine in his arms.

Both father and daughter sustained serious burns. Fifty percent of James' body

had been burned and Katharine was battling burns on 70 percent of her body. The two were airlifted to a hospital in San Antonio for emergency care. The plan was to transfer Katharine to a Shriners Hospitals for Children once she was stable. When the time came, Katharine could not be sent to the closest Shriners Hospitals for Children that specialized in burn care, in Galveston. The hospital had been evacuated due to the hurricane. There was one bed available at Shriners Hospitals for Children — Northern California, and a medevac flight took Katharine there.

After three long months of medical care, it was apparent Katharine was going to survive. The family's focus then changed to recovery and re-establishment of the routines of daily life.

Katharine returned to Texas and continued her rehabilitation at Shriners Hospitals for Children — Houston, establishing close bonds with her care team. When the Galveston Shriners Hospital reopened, she resumed her treatment there.

Katharine is now 11 years old and is a happy, vivacious and busy child. She practices gymnastics, sings, plays piano and loves to dance. She also enjoys fishing with her father.

Katharine has handled her experience with grace and bravery. She has served as an ambassador for her local Galveston Shriners Hospital and is happy to now have the opportunity to share her story with others around the country. "I love God, my parents and the Shriners because they have helped me a lot and they are like family," said Katharine.

## Still need to have your taxes prepared? H&R Block will donate to Shriners Hospitals for Children— Greenville!

H&R Block has once again graciously volunteered to raise funds for SHC-G through their Non-Profit Referral Program. They will donate <u>\$20.00</u> to **Shriners Hospitals for Children—Greenville** for each new client that has their tax return prepared and presents this coupon. (A new client is defined as one that did not have their taxes prepared in the prior year).

\*For Greenville Shriners Hospital to receive the donation, just print off this coupon and take it to your tax appointment!\*



# RAISE MONEY FOR Shriners Hospitals for Children - Greenville BY HAVING H&R BLOCK PREPARE YOUR TAXES.\*

- Take this referral form to a participating H&R Block office and give it to your tax professional. To find your nearest H&R Block office, go to hrblock.com.
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#### Volunteer and Raise Money for Shriners Hospitals for Children—Greenville!

The Greenville Shriners Hospital has once again been chosen as one of the charities for the 2016 BMW Pro-Am Golf Tournament, held Monday, May 16<sup>th</sup> through Sunday, May 22<sup>nd</sup> at Thornblade Country Club, The Reserve at Lake Keowee, and Preserve at Verdae in Greenville, SC. This is a tremendous opportunity to help raise awareness and funds for the hospital.

#### Here's how:

- For every person who volunteers on the behalf of the Greenville Shriners Hospital, the hospital will
  receive \$20 per day worked so if you volunteer for 2 days, your volunteer fee essentially becomes
  a donation to the hospital!
- For every 50 workdays, we will receive an additional \$2,000!

Registration is \$40 which includes a volunteer polo shirt, hat/visor, a Volunteer Credential, Patron Credential, 2016 volunteer pin, meals during your workdays and a volunteer appreciation party at the end of each workday (over \$100 value)!

Visit <u>www.bmwusfactory.com</u> to register online or call Kea Wade in the Development Office at (864) 255-8765 for a paper application. During the registration process, be sure to select **Shriners Hospitals for Children-Greenville** as your charity.

Last year, because of our dedicated volunteers like you, we received over \$15,000 proceeds generated through volunteer participation. THANK YOU!!! Volunteers are KEY to our success at the event and we hope you plan on joining us this year!

For additional information or to receive a paper application, contact Kea Wade at (864) 255-8765.

Shrine License Plate Report
The following is an accounting of the funds received from the sale of Shrine auto license plates, how the money is divided and which Temple receives donations to its transportation fund.

### February 1 - February 29, 2016

County	Temple	Amount
Baldwin	Abba	\$91.50
	Abba	
	Abba	
-	Abba	'
	Abba	· ·
	Abba	'
	Alcazar	
U	Alcazar	
	Alcazar	· ·
	Cahaba	•
-	Cahaba	'
Jackson	Cahaba	\$45.75
-	Cahaba	
Madison	Cahaba	\$137.25
Morgan	Cahaba	\$45.75
Blount	Zamora	\$183.00
Calhoun	Zamora	\$45.75
Cullman	Zamora	\$91.50
Etowah	Zamora	\$91.50
Jefferson	Zamora	\$320.25
Shelby	Zamora	\$181.11
St. Clair	Zamora	\$137.25
Talladega	Zamora	\$137.25
Paid to Abba Trans	portation Fund	\$140.00
	ansportation Fund	
	ansportation Fund	
	ansportation Fund	
Paid To Shriners H	ospitals	\$2,249.35
	gram Since 10-1-94	
Pd. to Transportati	on Funds Since 10-1-9	4\$158,607.16
	1-1-16	
Ending balance 1-3	1-16	

Do you like to take pictures? Want to have an opportunity to get to know more of your fellow Nobles? Are you retired and would like a new hobby? Want to have fun? The Photography Committee needs YOU!





For more information, contact Dale Roberson at 205-960-9441 or the Office at Zamora 205-956-3636



Have you moved? Do you have a new phone number or Email address?

If so, please contact the office at 205-956-3636 if any of your personal information has changed so we can keep your records correct.

## **Transportation Fund**

Greeters, Centerpoint United Methodist Church